

# *Cucumber-Avocado Salad with Tahini Dressing*

Serves 4

## **STEP 1**

- 1** tablespoon tahini
- ¼** cup (60 ml) yogurt or coconut milk
- 1** tablespoon olive oil
- 1** tablespoon lemon juice
- 1** tablespoon honey

## **STEP 2**

- 1** medium-size cucumber
- 1** avocado

1. In a mixing bowl, whisk together ingredients for dressing.
2. Peel and dice cucumber and avocado. Gently fold into the salad dressing.

